



PE and Sport Newsletter

"The vision of PE within St Paul's R.C. Primary School is to inspire, challenge and motivate pupils so that they can thrive and express themselves in a wide range of sporting activities."

A big thank you to

The team at Stockton School Sport Partnership for the fantastic competitions, activity days, staff training and support.

Mrs Sharkey for updating our website and twitter feed.


Mr C Dos Santos our PE Governor.

Our dedicated staff for taking children to competitions and delivering high quality PE lessons.

Our parents for being supportive, thank you for all your words of gratitude.

Our amazing children who demonstrate the spirit of school games and show great determination, self-belief, honesty, passion, team-work and respect, as well as enjoyment!



We have had an amazing start to the school year with lots going on and plenty of success. Our children continue to show great determination and passion for all sporting activities. We strive to find something that all children will enjoy and can engage in. Please continue to use our website to stay updated with all our news. If you go on to the 'Home' page you will find the up-and-coming sporting fixtures as well as important sporting news and results. From the home page you can access our 'PE and Sport Premium' page. This will give you lots of information and also access to the 'PE Gallery' where you will find photos of our sporting festivals and competitions as well as what is going on in school. Don't forget to click on the 'Gold School Games' logo as this will enable you to read the wonderful blogs written by our children. Please follow us on Twitter  - StPaulsRCPrimar

Thank you, Mrs Tattersdill PE Leader.

Coming soon :

Stockton Netball Final

All Stars Cricket (Y1, 2 and 3)

EYFS Festival (Reception)

Stockton Cross Country Final

Hoopstarz (R-Y6)

Stockton Swimming Final

Football League

Change for Life Festival

Level 1 competitions

More information to follow.

School Games "Blog of the Week"

Well done to our reporters—Polly, Imogen and Livvie—for winning this national award. The girls braved the cold for an afternoon reporting on the football. They made notes, took photos and interviewed players. During lunchtime they put their blog together. You can read the winning blog on our Website or visiting the address below:-

<https://www.yourschoolgames.com/blog/st-pauls-roman-catholic-voluntary-aided-primary-school/>





PE and Sport Newsletter

"The vision of PE within St Paul's R.C. Primary School is to inspire, challenge and motivate pupils so that they can thrive and express themselves in a wide range of sporting activities."



Active 30:30

The Government Childhood Obesity Plan has set out the ambition for all children to achieve one hour of physical activity every day, with schools being responsible for 30 minutes of this. Staff have been planning this into our curriculum. We are introducing more activity in all subjects making sure children are not sedentary for long periods of time. This is helping their concentration and enables them to achieve more.

Well done to all children who are gaining badges through the Travel Tracker. It is great to see so many children walking, cycling and scooting to school. Don't forget if you need to come in the car there is the park and stride option, this asks you to park at least a five minute walk from school and walk the rest of the way. This also helps with the traffic congestion on Thames Road. Thank you for your support.

Physical Education

Children continue to receive two hours of quality PE lessons every week.

Staff have been working on a new policy for assessing PE. This enables us to have a good understanding of the needs of all our children and ensures all children are reaching their full potential.

To ensure that we are delivering a high standard of PE and keeping up to date on all current developments, staff have accessed more training. This academic year some staff have attended : gymnastic, dance and active literacy and numeracy training. They have then fed back to the rest of the staff, this keeps us all up to date. This term a member of staff is also undertaking mindfulness training. As PE and school sport leader, I am attending various meetings with the Stockton School Sports Partnership and I was fortunate to attend the Tees Valley Sports Conference this year. The theme of this conference was ' More than Sport' and it was a fantastic opportunity to listen to some keynote speakers and take part in various workshops.

PE Leaders and Sport Crew continue to work hard working on many initiatives. This termly challenge is hula-hooping and Leaders demonstrated in assembly what is involved in this. It would be great to have the whole family joining in on this challenge! If you take any photos of your family hula-hooping please e-mail them into school so we can feature them in our Sports Gallery. The Leaders continue to update our School Games noticeboard so please take the time to look at this when you are in school. Leaders are also planning warm-up sessions that they can do during PE lessons and we are hoping to give more children the chance to lead.

Sports Crew have regular meetings and they are currently looking at ways to make lunchtimes more active for all of our children. They regularly feed back to their class and there are opportunities for all children to share ideas. They are leading Level 1 competitions in school and helping Sport Leaders with the termly challenge. They are also responsible for ensuring blogs are updated on our School Games page and equipment is used correctly and tidied away.

Going for Gold.

We are currently on track to maintain our School Games Gold Award which we received last year.

All children have the opportunity to take part in Level 1 competitions either at lunchtimes or in PE lessons. We have held a variety of competitions ranging from football to cross country. Level 2 competitions are competitions which involve competing against other schools and we have attended many this academic year : Tri-golf, basketball, tag rugby, cross country , sports hall athletics to name a few! I have a participation tracker in place to try and ensure as many children as possible have the opportunity to compete.

Our after-school clubs are very popular; ranging from ballroom dancing to football. If your child doesn't attend a club and you would like them to please get in touch with myself or Mrs Sharkey. We also run a lunchtime activity club for children who are unable to attend after school.